For Immediate Release

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Older adults age happily at home thanks to Amada Senior Care of Southern Maine

Amada of Southern Maine is the ONLY home health care agency in the state to receive A+ industry rating

(Portland, ME. - Nov. 30, 2020) - Maine ranks first in the nation with the highest proportion of residents 65 years of age and older. Many of Maine's senior citizens want to live out the autumn years of their life safely and independently at home. Recognizing this trend, **Amada Senior Care of Southern Maine** opened in Portland to provide trained caregivers who assist clients with in-home tasks.

"We understand the desire to age at home, and our team of caregivers offer empathetic care and the proven ability to assist with cleaning, preparing meals, dressing, and bathing," said Amada of Southern Maine co-owner and co-CEO, Peter Light.

In light of Covid-19, the need to address safety concerns when working with older adults has increased. "Without regular care and assistance older adults are at risk of falling behind on bills, neglecting to eat or receive the care they need," said Light. Amada of Southern Maine provides all caregivers with the highest quality protective gear and requires biweekly Covid-19 testing to ensure the safety of all.

Since opening in September, Amada of Southern Maine has earned an A+ rating from Home Care Standards Bureau (www.homecarestandards.net). It is the only home health care organization in Maine to receive A+ certification, according to David Fraser, president of the Bureau. He added, "Every agency that receives this A+ certification meets the highest industry standards that places them among an elite group of 200 other A+ agencies in the United States."

What sets Amada of Southern Maine apart? It is the ability to meet one-on-one with older adults, their family and medical professionals to craft an individualized plan of care, according to Scott Lane, co-owner and co-CEO of Amada of Southern Maine. "Our personal involvement doesn't simply end with caregiver placement. We monitor our caregivers and regularly check in with clients and their families to guarantee that the caregiver and the client are a good fit."

An added bonus of working with Amada of Southern Maine is the company's team of advisors who assist clients in reviewing and filing a claim and accessing long-term care benefits. Lane said that, "through this service, older adults are relieved from navigating the complex landscape of insurance claims and access the care they need as soon as possible."

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Amada Senior Care of Southern Maine is a non-medical home care agency offering the highest quality personal care which allows clients to remain in their own homes. Amada of Southern Maine's HCSB A+ rating places it among only 200 other certified agencies in the U.S. Amada of Southern Maine serves clients in Bath, Biddeford, Brunswick, Cape Elizabeth, Cumberland, Falmouth, Freeport, Gorham, Kennebunkport, Ogunquit, Portland, Saco, Sanford, Scarborough, South Portland, Topsham, Wells, Westbrook, Windham, Yarmouth, York. To learn more call 207-305-2233 or visit https://www.amadaseniorcare.com/southern-maine-senior-care.