Registered Nurse Competency/ Skills Checklist

Name:	Date:

0= No experience, 1= Need Direction, 2= Minimal assistance needed, 3= Very Competent

Please check the column that applies to your skill level:

SKILLS	3	2	1	0	SKILLS	3	2	1	0
NURSING ROLES	-	-	-	-	MEDICATION ADMINISTRATION	-	-	-	-
Charge Nurse					Narcotic control				
Team Leader					Inulin Administration				
PATIENT CARE DELIVERY	-	-	-	-	Skin Testing (intradermal injection)				
Team Nursing					Procedure				
Primary Nursing					Documentation				
NURSING PROCESS SKILLS	-	-	-	-	Reading Results				
Nursing History					Heparin Administration/ Lock				
Physical Assessments					Patient Controlled Analgesia				
Skin					Administration of Medications				
Cardiovascular					Oral				
Heart					IM				
Peripheral Vascular System					Subcutaneous				
Respiratory					Topical/ Medication Patches				
Neurological					Eye				
Abdomen					Ear				
Bowel					Nose				
Bladder					Unit Dose Medication Administration				
Musculoskeletal					Nebulizer/ Aerosol Medication Therapy				
Psychosocial Status					INTRAVENOUS THERAPY		-	-	-
Fall Assessment					Venipuncture Site Care				
Pain Assessment					Calculating and Monitoring Infusion Rate				
Elder/ Domestic					Infusion Pumps				
Patient Care Planning					PCA pumps				
Nursing Intervention					Insulin pump				
Patient Teaching					IV insertion				
Evaluation of Patient Care					Heparin Locks/ Saline Locks				
Discharge Instruction/ Planning					Angio Caths				

Documentation of Care Plan					Scalp Vein		
IV Push Medications					Application of Crutches		
IV Piggyback Medications					Application of Knee Immobilizers		
IV Add-Mixture/ Additives					Monitoring CVP		
Blood/ Blood Products Administration					Care of Wound Drainage		
Monitoring Blood/ Blood Products					Hemovac Suction Device		
Lipids					Jackson Pratt Suction Device		
TPN/PPN					Care of G-tube		
Central Lines/ Intravascular Access Ports					Care of Penrose Drains		
PICC lines					Care of NG tubes/ Feeding tubes		
CHEMOTHERAPY	-	-	-	-	Care of Chest tubes/ Drainage system		
Administration of Chemo meds					Care of Salem tubes		
Precautions/ Teaching					Catheterization – male incontinence device		
Mixing/ Preparation					Catheterization- foley insertion		
Disposal					Catheterization- foley catheter care		
Chemotherapy Certified					Catheterization- foley removal		
NURSING PROCEDURES	_	-	-	-	Catheterization-straight catheter		
Irrigations					Gastric suction		
Eye					Electronic Thermometer		
Ear					Range of Motion: Active and Passive		
Foley					Seizure Precautions		
Suprapubic					Peri-Care Peri-Care		
Incision					Cast Care		
NG tube					Skin Care in Traction		
Ostomy					Incision Care		
Insertion of NG feeding tube					AV Shunt Care		
Hot Soaks					Bladder Irrigations		
Ice Packs					Infection Control Precautions		
Rectal Temperature					Standard Universal Precautions		
Removal of fecal impaction					Reverse Isolation		
Weighing patients					TB/ Airborne Precautions		
Vital Signs					MRSA/ VRE Precautions		
Application of Restraints					Urine, Sugar & Acetone		
Application of Support Binders					Blood Glucose Monitoring		
Application of Ace Wraps					Stool Hemoccult		
Application of Antimobolic Stocking					Gastric Hemoccult		
Application of Slings					Urine Specific Gravity		
Application of Soft Cervical Collar					Oxygen Therapy Administration		

Application of Rib Belts	Ambu bag
Application of Clavicle Brace	Bag & Mask
Application of Back Supports (Chairback, Jewett, Corsets)	BiPAP
Face Mask	Neuro Assessment
Nasal Cannula	Glasgow Coma Scale
Tracheostomy Care	Seizure Precautions
IPPB Rx	Seizure Activity
Chest PT/ Breath Sounds	Mental Status/ LOC
Postural Drainage	Halo Traction
Specimen Collection	ASSISTING WITH BASIC PROCEDURES
Blood	Pelvic Exam
Central Line	Physical Exam
Venous Stick	Lumbar Puncture
Cultures	Thoracentesis/ Paracentesis
Sputum	Dressing Change
Urine	Staple/ Suture Removal
Clean Voided	Insertion of Central/ PA Catheter
24-hour	Insertion of Arterial Line
Sterile (Straight Cath)	Discontinue Arterial Line
Swab Culture	Discontinue Central Lines
Gastric Analysis	Insertion of Chest Tubes
Abdominal Fluid	EQUIPMENT
Anaerobic Cultures	Hypothermia Blanket
Aerobic Cultures	Pressure Mattress
Wound Cultures	Restraints
Stool Cultures	Halo Apparatus
Suctioning	Traction
Oral/ Yankauer	Balance Traction
Oral- pharyngeal	Footboard
Nasal-pharyngeal	Foster/ Stryker Frame
Tracheostomy	Cir-O-Electric Bed
Wound/ Ostomy Care	Cradles
Colostomy care/ bag change	Intermittent Suction
lleostomy care/ bag change	Wall-Straight Suction

Irrigations					Portable O ₂ Suction				+
Pressure Ulcers					Straight Drainage				
Staging	-				Oxygen Wall Panel/ Flowmeter				<u> </u>
Care	\bot				Chest Tube Suction				<u> </u>
Statis Ulcers					Hoyer Lift				<u> </u>
Sterile Dressing Change					K-Pads				
Steristrip Application					Nelson Bed				
Surgical Wounds with or without Drains					Pressure Relieving Beds				
Neuro Skills:					Kangaroo Pumps				
Trans Nerve Stimulator					Neurosurgery				
Pyxis					Cranial Hemorrhage				
Portable Vital Signs Monitor					AV Shunt Placement				
Cardiac/ Tele Monitors					Multiple Sclerosis				
Lead Placement					Encephalitis (Viral/ Infectious)				
Arrhythmia Interpretation					CARDIAC	-	-	_	
Blood Glucose Meters					Angina				
Pulse Oximetry					Aneurysm				
Incentive Spirometer					Post MI				
Emergency/ Crash Cart					Hypertensive Crisis				
Ambu Bag (PPV) Mask/ Valve					Open Heart Surgery (Pre & Post Op Care)				
HEPA Filters					CHF				
PAIN MANAGEMENT		-	-	-	Cardiac Cath				
Pain assessment using pain scales					Fem/ Pop Bypass				
Epidural Analgesia					RENAL/ GI	-	-	-	-
IV Conscious Sedation					Chronic/ Acute Renal Failure				
Patient controlled Analgesia (PCA)					Renal Calculi				
Narcotic Agents					Renal Trauma				
Non-narcotic agents					Nephrectomy				
Non-pharmacological Measures					TURP				
CARE OF PATIENTS		-	-	-	Radical Prostatectomy				
RESPIRATORY		-	-	-	Hemodialysis				
COPD					Peritoneal Dialysis				<u> </u>
ARDS					GI/ ABDOMINAL		-		<u> </u>
Thoracic Surgery					Appendicitis				<u> </u>
Asthma					GI Bleed				<u> </u>
Inhalation Injuries					OTHER	-	-	-	-
Pneumonia					Sickle Cell Anemia				

Pneumothorax				_	Transfusion Reaction		
Tuberculosis					Anaphylaxis		
Pulmonary Edema					Septic Shock		
Pulmonary Embolism					Cancer patients		
NEUROLOGY	-	-	-	-	Pancreatitis		
CVA/TIA					Bowel Obstruction		
Overdose					Paralytic Ileus		
Head Injury/ Trauma					Liver Failure		
Neuro Injury/ Trauma					Hepatitis		
Spinal Cord Injury					Laparoscopic Abdominal Procedures		
Paraplegia					Open Abdominal Procedures		
Quadriplegia					Post endoscopic procedures		
Orthopedic Trauma					Pre & Post op patients		
Skeletal Traction					Infectious Diseases and Complications		
Bucks Extension					HIV/AIDS		
Pin site Care					Shingles (Herpes)		
Laminectomy					Chicken pox		
Passive ROM Exercises					West Nile Virus		
GYNECOLOGY	-	-	-	-	Lyme Disease		
Mastectomy					Terminally ill patients		
Hysterectomy					Death & Dying		
Tubal Ligation					Suicide/ Homicide precautions		
Ectopic pregnancy							
Abdominoplasty					EXPERIENCE		
Reconstructive Breast Surgery					Intermittent Home Health Care Experience		
Thyroidectomy					Private Duty Home Care Experience		
Assist/ Preform GYN Exam/ PAP					Experience with Adults		
Removal of Cysts					Experience with Peds		
ORTHOPEDIC	-	-	-	-	Experience with Infants		
Amputation					Experience with Medicare-certified agency		
Arthroscopic Surgery					IV Therapy Certified		
					Venipuncture Certified		
Total Joint Replacement (Hips & Knees)			1	1		1	

Date

Applicant Signature